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Essential Oil Recipes: Love At First Drop



Synopsis

Essential Oil Recipes: Love at First Drop was created as a reference book with the beginning essential oil user in mind. A book of basic recipes and natural remedies, this volume serves as the incentive many people need to begin experimenting on their own and creating many daily household products including creams, salves, serums, powders, diffuser recipes and roller bottle blends. This REVISED EDITION contains aromatherapy recipes simply utilizing essential oils purchased from any reputable essential oil company, and specifically include the single oils Lemon, Lavender, Peppermint, Copaiba, Frankincense, Tea Tree, Lemongrass and Orange. These oils are also found in the Premium Starter Kit offered by Young Living® , but again, this book is compatible with oils from any company whose products are pure and unadulterated. Topics include: Frequently Asked Questions Respiratory Support Concentration Mood Enhancement Stress Management Beauty & Skin Care Health & Hygiene Children Household Cleaning & Laundry Care Outdoors

DISCLAIMER: This document is a compilation of recipes used successfully by persons who use high-quality, authentic, plant-derived, unadulterated essential oils as determined by many factors including growth, growth location, harvesting process, distillation method used, etc. There are many grades of essential oils available. Not all essential oils are created equally, and not all essential oils are suitable for topical use or ingestion. Carefully do your research before selecting the brand(s) of essential oils that decide to use, and be selective concerning essential oil supplies as well. Always follow label directions on the essential oil bottles. The willingness of individual users to share recipes featured in this book is very much appreciated. However, neither the contributors to this book nor myself are medical practitioners and cannot diagnose, treat or prescribe treatment for any health condition or disease. Before using any alternative medicines, natural supplements, or vitamins, you should always discuss the products you are using or intend to use with your medical practitioner, especially if you are pregnant, trying to get pregnant or nursing. All information contained within this book is for reference purposes only, and is not intended to substitute advice given by a pharmacist, physician or other licensed health-care professional. As such, the author nor Everyday Oil Solutions are responsible for any loss, claim or damage arising from use of the essential oil recipes contained herein.

Book Information

File Size: 2088 KB

Print Length: 72 pages

Publisher: Everyday Oil Solutions Inc; 2 edition (March 10, 2016)

Publication Date: March 10, 2016

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B01CUYE6M6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #127,835 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #44

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Customer Reviews

Looks like some real easy recipes for beginners.

Very easy to use, excellent recipes! I bought both her books!

I love all the recipes in this book and have already made a few. I need to get more oils to make more. I would recommend this book to anyone who loves oils!!!

Love love LOVE this book! Homemade creams, soaps, balms, scrubs, etc etc etc! Must have for any essential oil user.

I love this book. Simple and easy recipes for diy oil users! My go to guide .Very useful for beginners.

It looks like what I was looking for. I can't wait to try some the recipes. Thank you very much.

Loved this book- wished I thought of this!! I give this to all my customers that sign up with a kit!!

Great book of EO recipes. Easy to use. I've made several and am happy with them.

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